The Willows
PRIVATE NURSING HOME
ISSUE 10, October 2021

Whispers from the Willows NEWSLETTER

Welcome to our latest newsletter to keep you updated on how your loved ones are enjoying life at The Willows Private Nursing Home. We hope you enjoy the stories in The Willows Private Nursing Home. We hope you enjoyed all our previous newsletters. If you did not get to see them, please click HERE, and it will take you to our website where you will find all previous newsletters.

OUR PHILOSOPHY

"TO PROVIDE OPTIMUM HEALTH CARE AND REHABILITATION IN AN ENVIRONMENT WHICH RESPECTS THE RIGHTS, DIGNITY AND FREEDOM OF THE RESIDENTS. OUR HEALTH CARE IS GIVEN WITH COMPASSION, CARE, LOVE AND ENCOURAGEMENT WITH EVERY CONSIDERATION FOR PRIVACY, COMFORT AND THE INDEPENDENCE OF OUR RESIDENTS"

FROM THE ADMIN DESK

Another month of restrictions has passed, and I'm pleased to say we have opened up again for limited visitation. Please remember to book an appointment, only two people at a time for 30 minutes and please don't come if you are unwell or have visited a hotspot.
Spring is definitely in the air and the flowers are in bloom, we've been taking the residents out for drives to see the countryside and we have had a few birthdays and anniversaries in September - both residents and staff celebrated birthday's and while Father's Day looked very different through the gate it was enjoyed by all.
We look forward to continue as they are in NSW and things start settling and back to "normal".

Have a good month.

Maryann Isbert - Financial Controller

WHAT'S ON IN OCTOBER

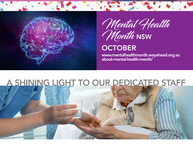
International Elder Persons Day
THURSDAY OCTOBER 1
www.unfpa.org/events/international-elder-persons-day

International Coffee Day
THURSDAY OCTOBER 1
www.internationalcoffeeday.org

World Space Week
OCTOBER 1-4
www.worldspaceweek.org

Be Kind to Animals Week
OCTOBER 1-7
www.americanhumane.org/aw

World Grandparents Day
SUNDAY OCTOBER 25
www.grandparentsday.gov/gpd



Van Gogh Alive
OCTOBER
www.vangoghalive.com.au

Grafton's Jacarandas
OCTOBER
Just take a drive & admire the beauty

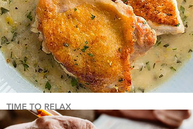
Mental Health Month NSW
OCTOBER
www.mentalhealthmonth.org/read.org.au
about-mental-health-month/

A SHINING LIGHT TO OUR DEDICATED STAFF

The management at The Willows would like to say a big thank you to all our staff for keeping our residents happy and safe while you carried out your essential and critically valuable duties so selflessly over these past tough COVID months. Your services and dedication are much appreciated.

We commend you all!

OCTOBER BLOOM - ROSES



ASHFIELD AND SURROUNDS

Some useful links:

- OUR SUBURB - https://oursuburb.com/news.com.au/latest/
- INNER WEST COUNCIL - https://www.innerwest.nsw.gov.au
- ASHFIELD MALL - https://www.ashfieldmall.com.au
- ASHFIELD BUNNINGS WAREHOUSE - https://www.bunnings.com.au/stores/new/ashfield
- ASHFIELD AREA GUIDE - https://www.timeout.com/sydney/things-to-do/ashfield-area-guide

THIS MONTH'S BLESSING

THIS MONTH'S RECIPE

TIME TO RELAX

Put your grey cells to work with these awesome brainteasers. Don't cheat and look at the answers. Give it a good go!

1) Tom's height is six feet, he's an assistant at a butcher's shop, and wears size 9 shoes. What does he weigh?
2) Feed me and I live yet give me a drink and I die. Who am I?
3) What kind of room has no doors or windows?
4) What gets broken without being hit?
5) A rooster laid an egg on top of the barn roof. Which way did it roll?
6) What kind of tree can you carry in your hand?
7) Which word in the dictionary is spelt incorrectly?
8) How can a man go eight days without sleep?
9) If you have two, you want to share one. If you share one, you haven't got one. What am I?
10) He has married many women but has never been married. Who is he?
11) Take off my skin - I won't cry, but you will! What am I?
12) If there are 6 apples and you take away 4, how many do you have?
13) How many have 28 days?
14) What occurs once in every minute, twice in every moment, yet never in a thousand years?
15) Which is correct to say, "The yolk of the egg is white" or "The yolk of the egg are white"?
16) How many times can you subtract 10 from 100?
17) A little girl kicks a soccer ball. It goes 10 feet and comes back to her. How is this possible?

How many of them did you get correct?
Well, now it's time to challenge your family and friends and see how many of them they get correct.

ANSWERS:

1) Meat. 2) Fire. 3) A mushroom. 4) A promise. 5) It did not roll - since hens do not lay eggs!. 6) Your hand. 7) Incorrect. 8) He sleeps in the daytime. 9) A secret. 10) A bachelor. 11) An onion. 12) Four. 13) All the months have 28 days. 14) The letter M. 15) Neither - it's a yolk. 16) Once. 17) It was thrown over a fence.

Visit our new FACEBOOK PAGE.
PLEASE CLICK HERE

• You are receiving this email because you currently have a loved one at The Willows Private Nursing Home.
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• Our mailing address is: 1 Hillcrest Avenue, Ashfield, NSW, Australia, 2131 - 02 9716 4000
• If you wish to UNSUBSCRIBE from this email, then please click HERE and we will do so. We would be sorry to see you not be kept updated from "Whispers from the Willows".
• If you wish to UNSUBSCRIBE from all future emailings, then please click HERE