The Willows
PRIVATE NURSING HOME PTY LTD

ISSUE 12 Part 2. December 2020

THIS MONTH'S RECIPE - EGG NOG

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INGREDIENTS:

- 6 large egg yolks
- 1/2 cup granulated sugar
- 1 cup heavy whipping cream
- 2 cups milk
- 1/2 teaspoon ground nutmeg
- pinch of salt
- 1/4 teaspoon vanilla extract
- ground cinnamon, for topping

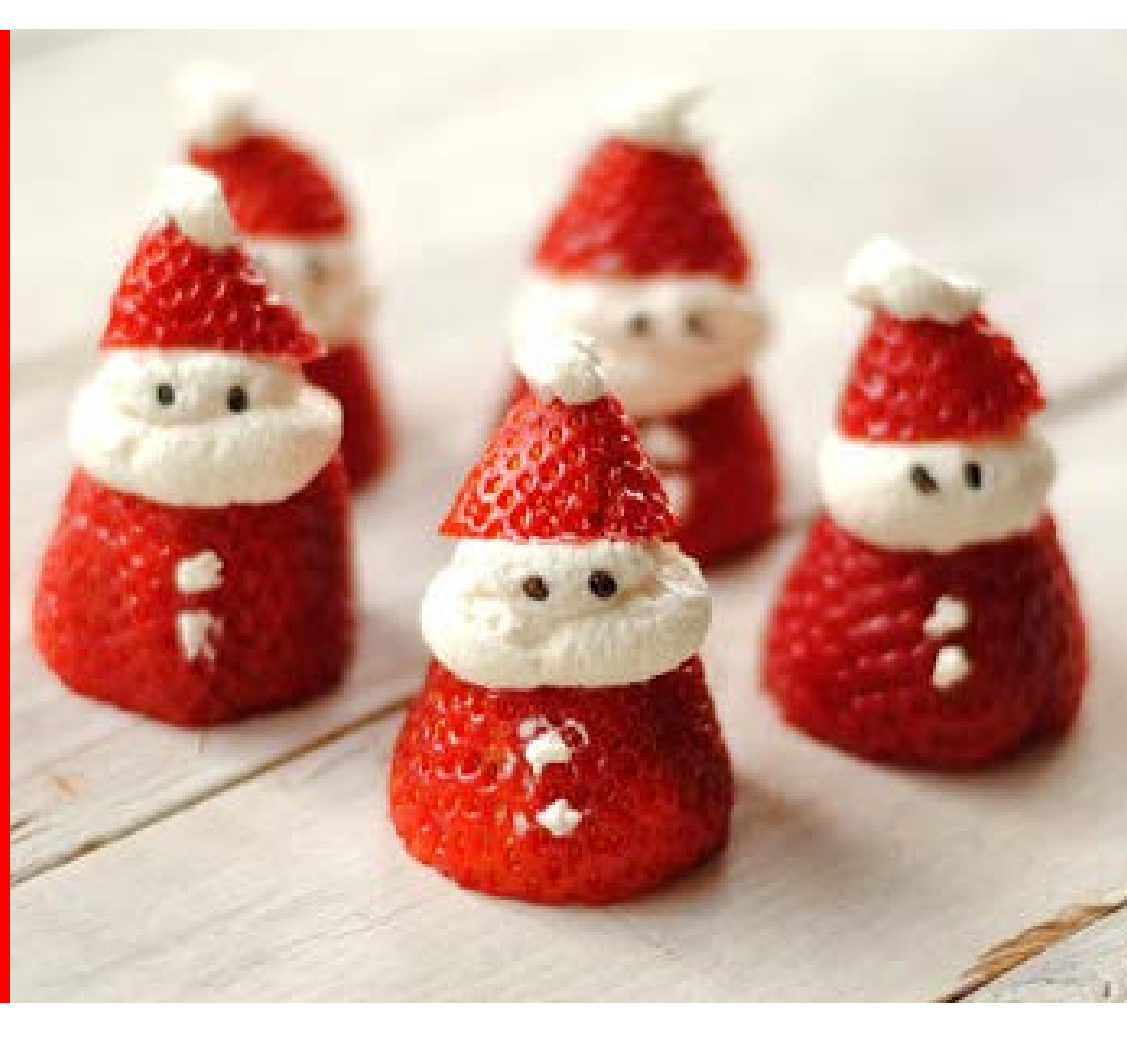
INSTRUCTIONS:

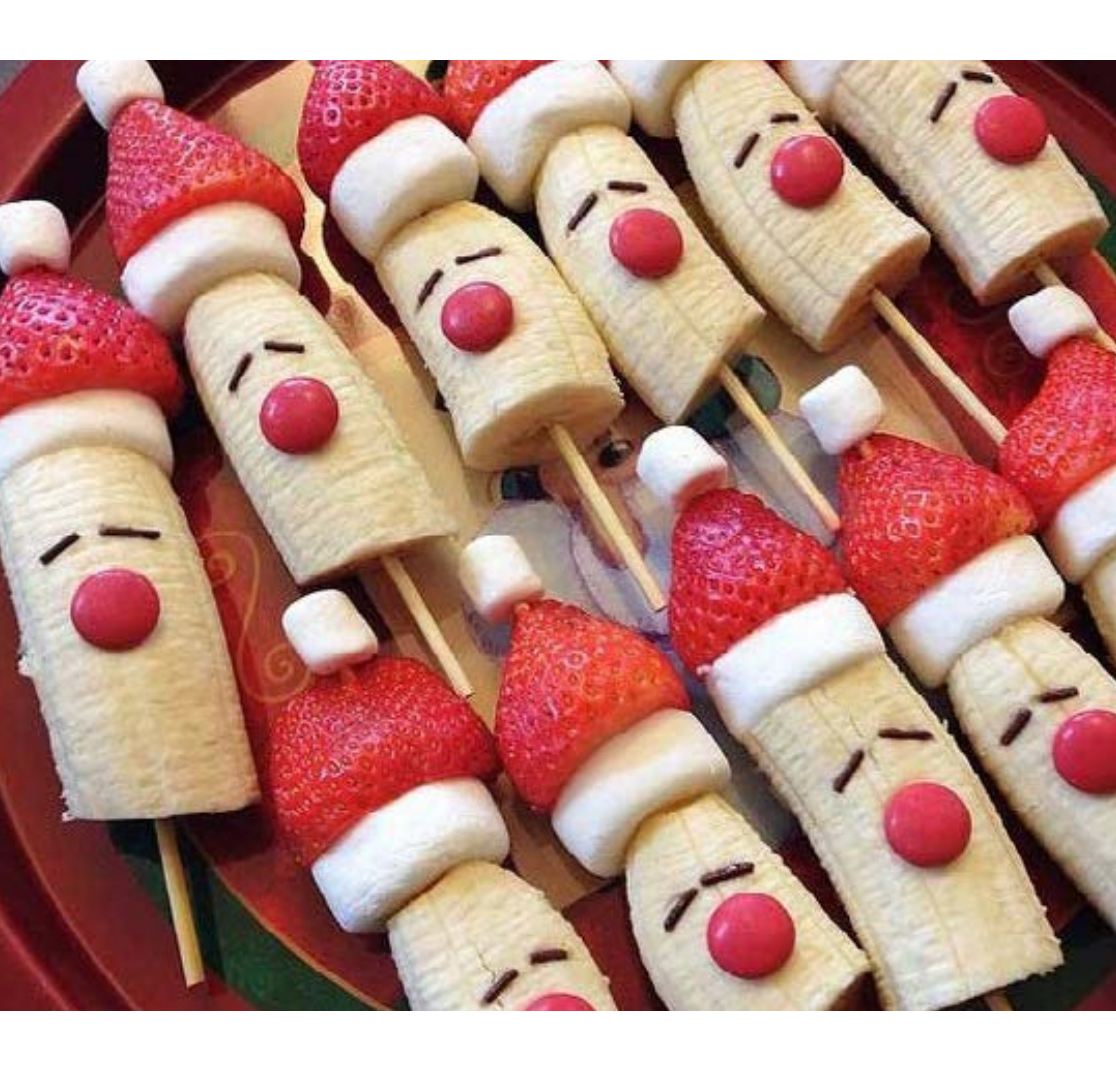
1. Whisk the egg yolks and sugar together in a medium bowl until light and creamy.
2. In a saucepan over medium-high heat, combine the cream, milk, nutmeg and salt. Stir often until mixture reaches a bare simmer.
3. Add a big spoonful of the hot milk to the egg mixture, whisking vigorously. Repeat, adding a big spoonful at a time, to temper the eggs.
4. Once most of the hot milk has been added to the eggs, pour the mixture back into the saucepan on the stove.
5. Whisk constantly for just a few minutes, until the mixture is just slightly thickened (or until it reaches about 160 degrees F on a thermometer). It will thicken more as it cools.
6. Remove from heat and stir in the vanilla.
7. Pour the eggnog into a pitcher or other container and cover with plastic wrap.
8. Refrigerate until chilled. It will thicken as it cools. If you want a thinner, completely smooth consistency, you can add the entire mixture to a blender with 1 or 2 tablespoons of milk and blend until smooth.
9. Serve with a sprinkle of cinnamon, and fresh whipped cream, if desired.
10. Store homemade eggnog in the fridge for up to one week.

MAKE YOUR OWN CHRISTMAS FUN FOOD

Strawberry Santas

So cute, you might find it hard to eat them!



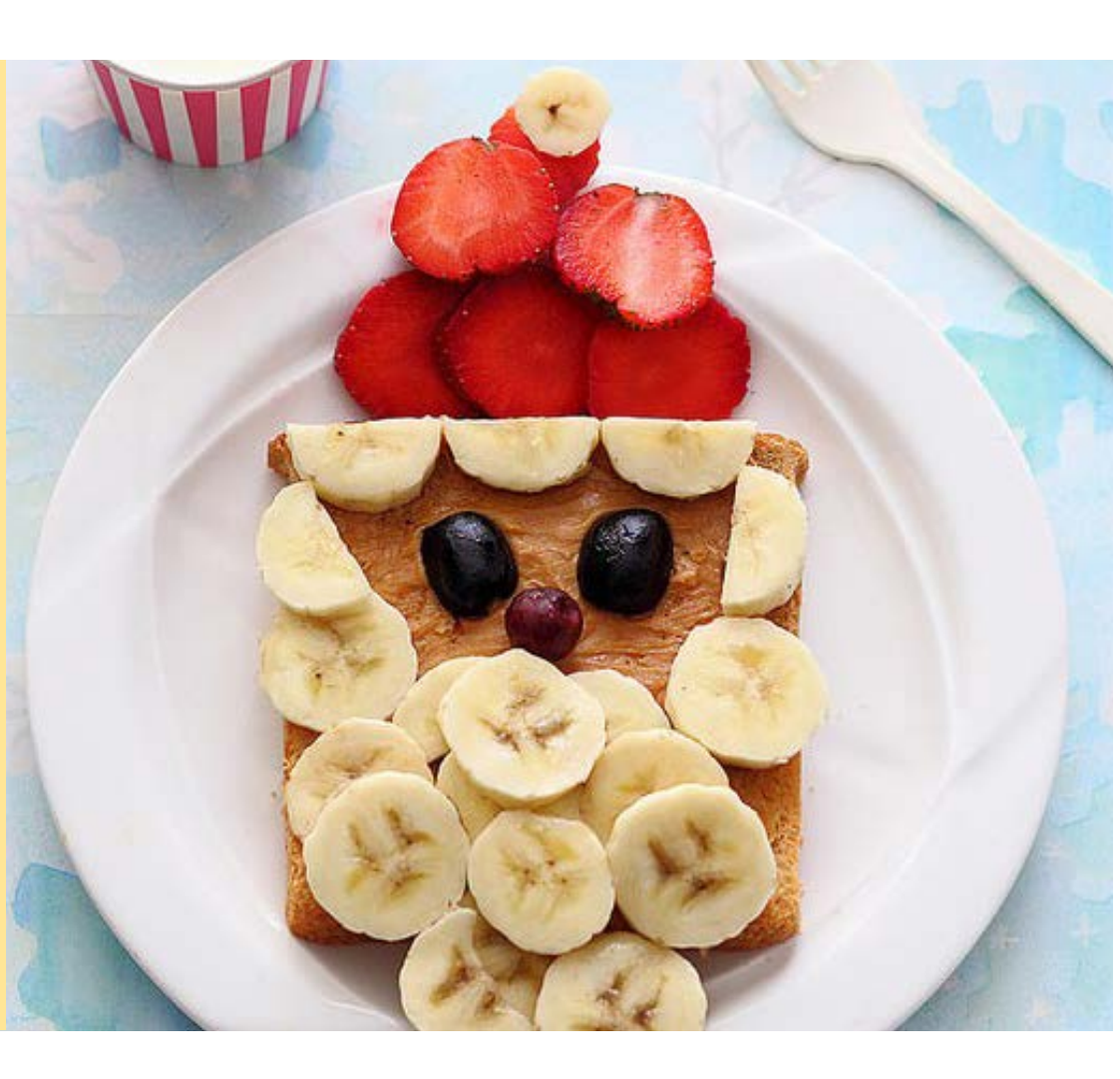


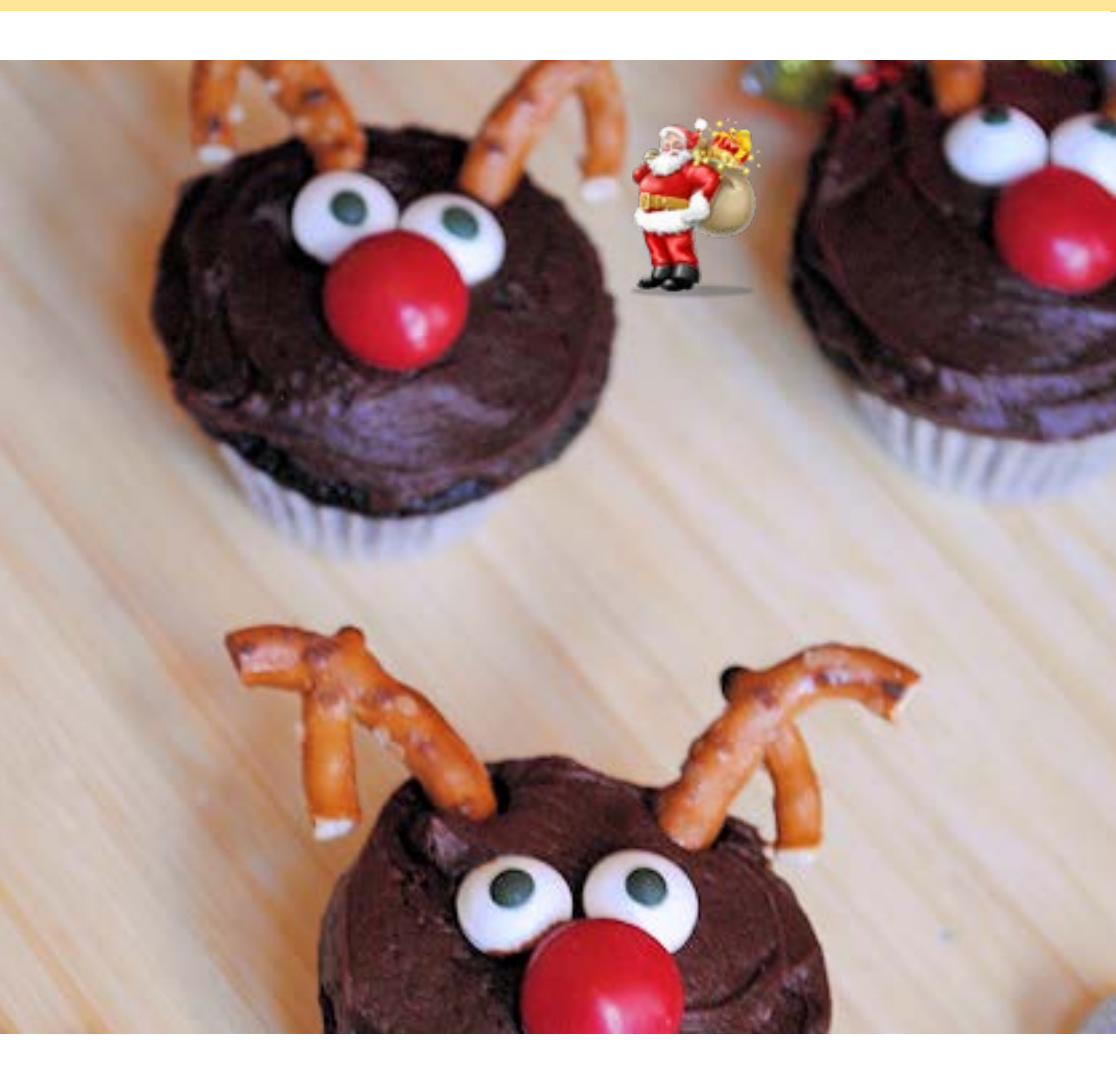
Banana Santas

Here is a healthy food option.

Santa Toast

How exciting to wake up to this on Christmas morning?!



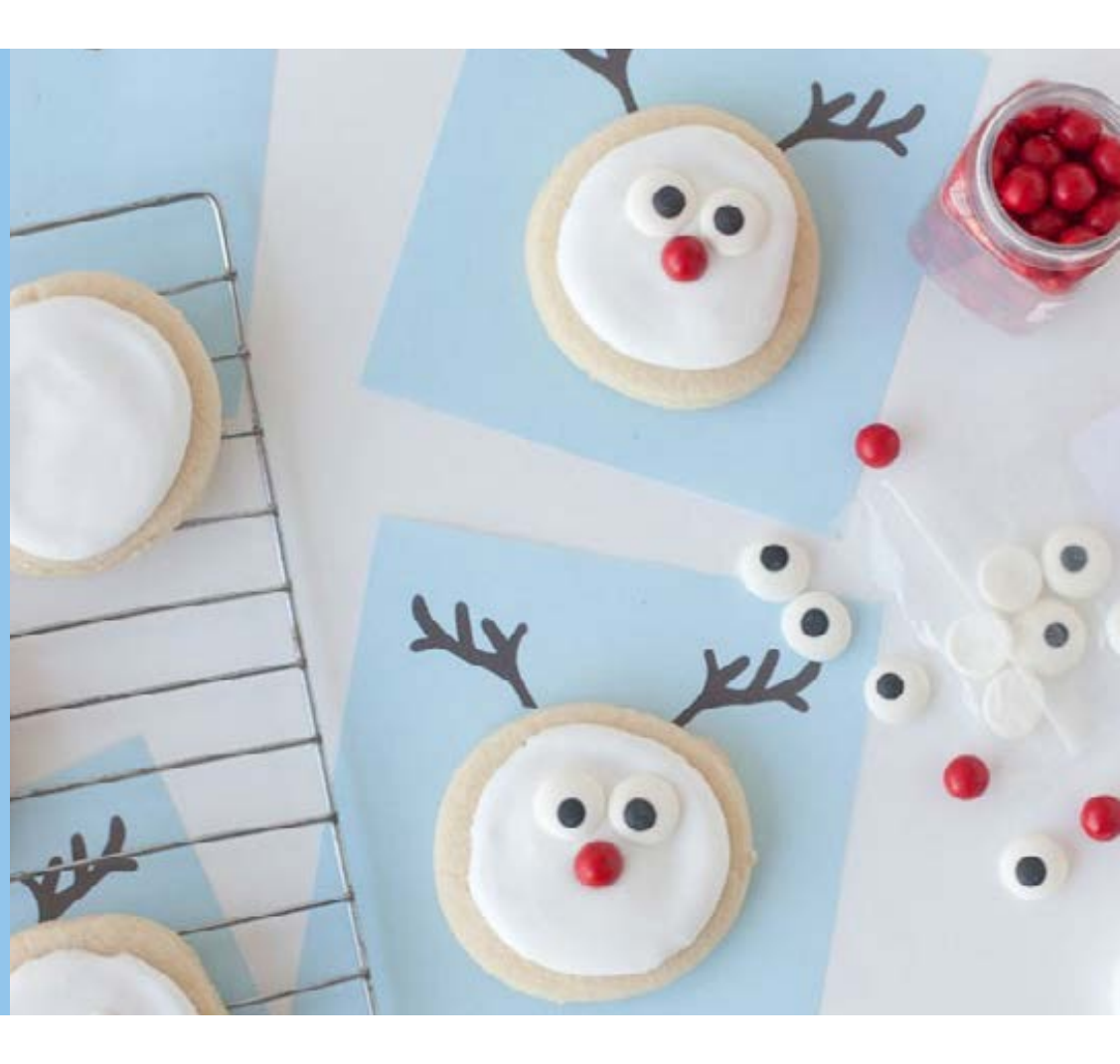


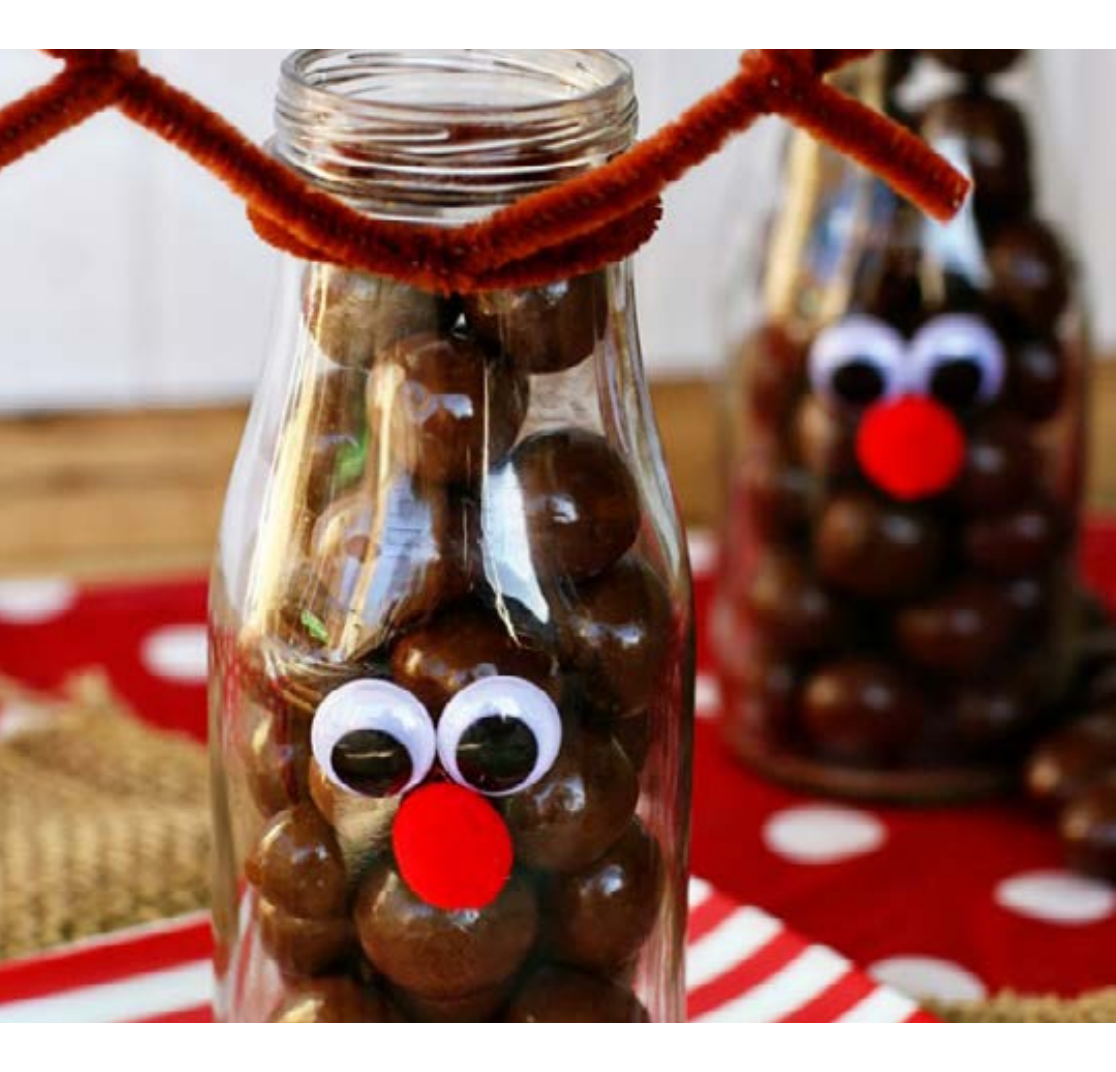
Reindeer Cupcakes

These cupcakes with pretzel antlers are so easy to make!

Reindeer Biscuits

The kids will have fun putting the icing and details on these faces.



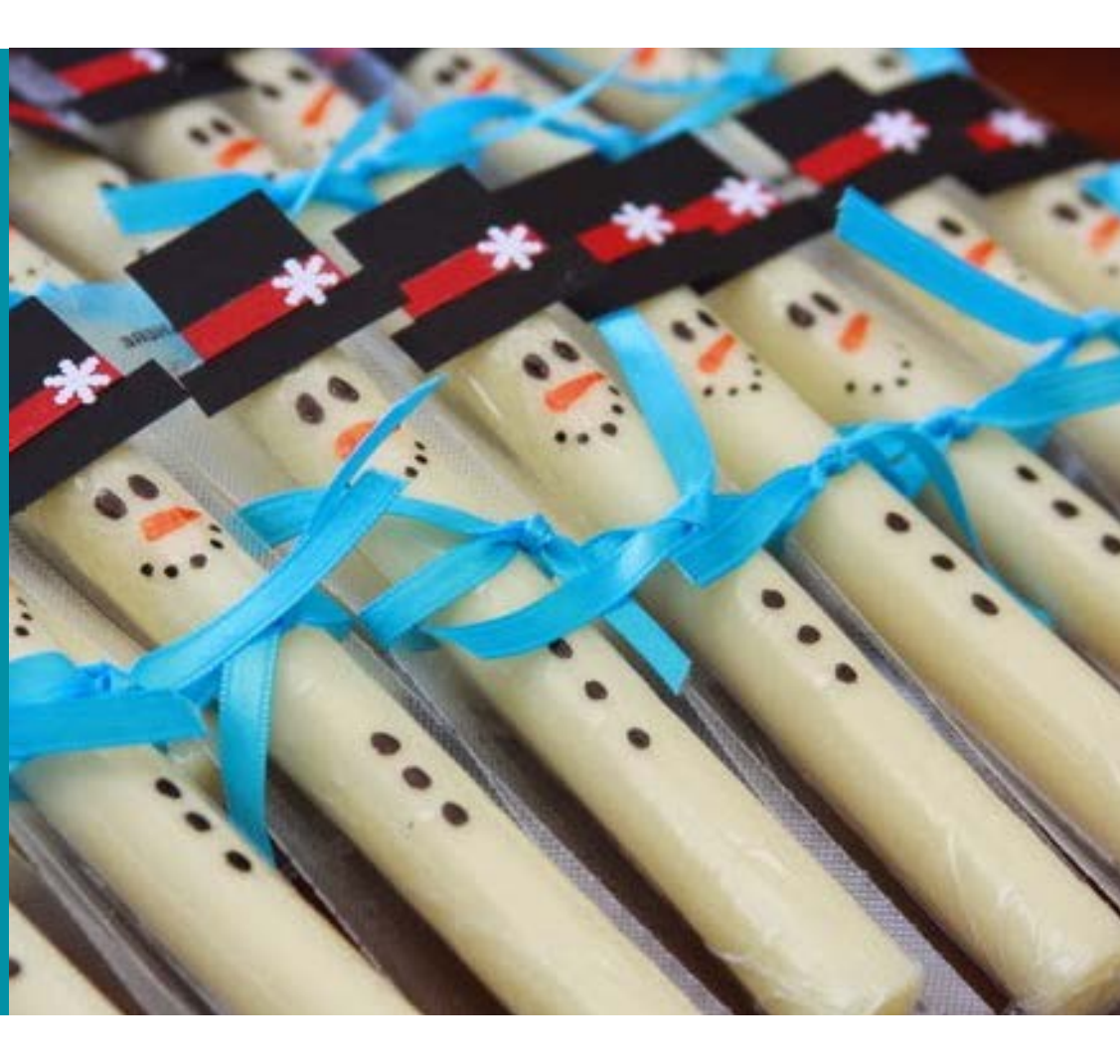


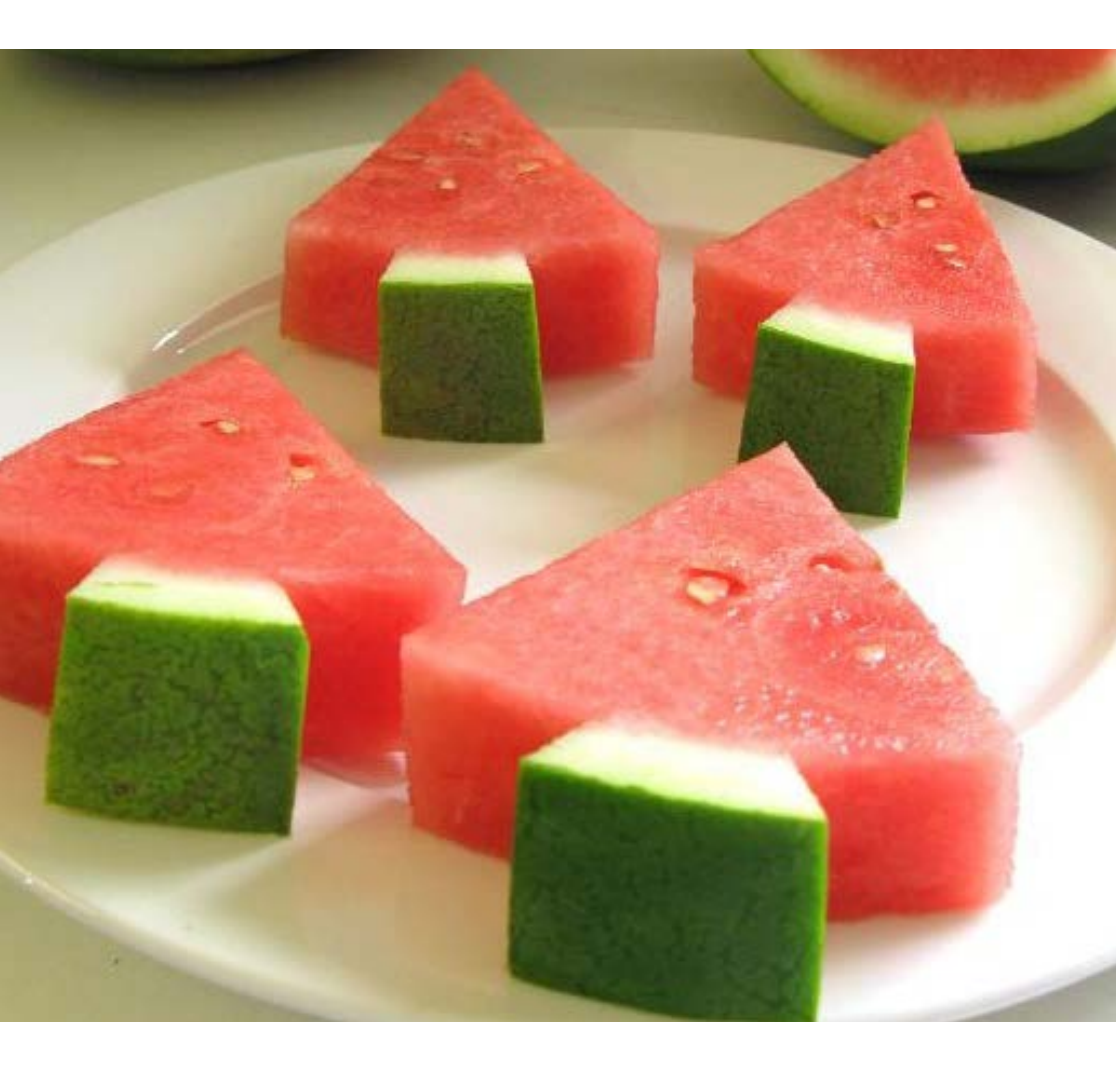
Reindeer Bottles

These bottles would make a great kid's craft item that they can fill with chocolate treats or use as a drink bottle.

String Cheese Snowmen

So simple and fun to make!

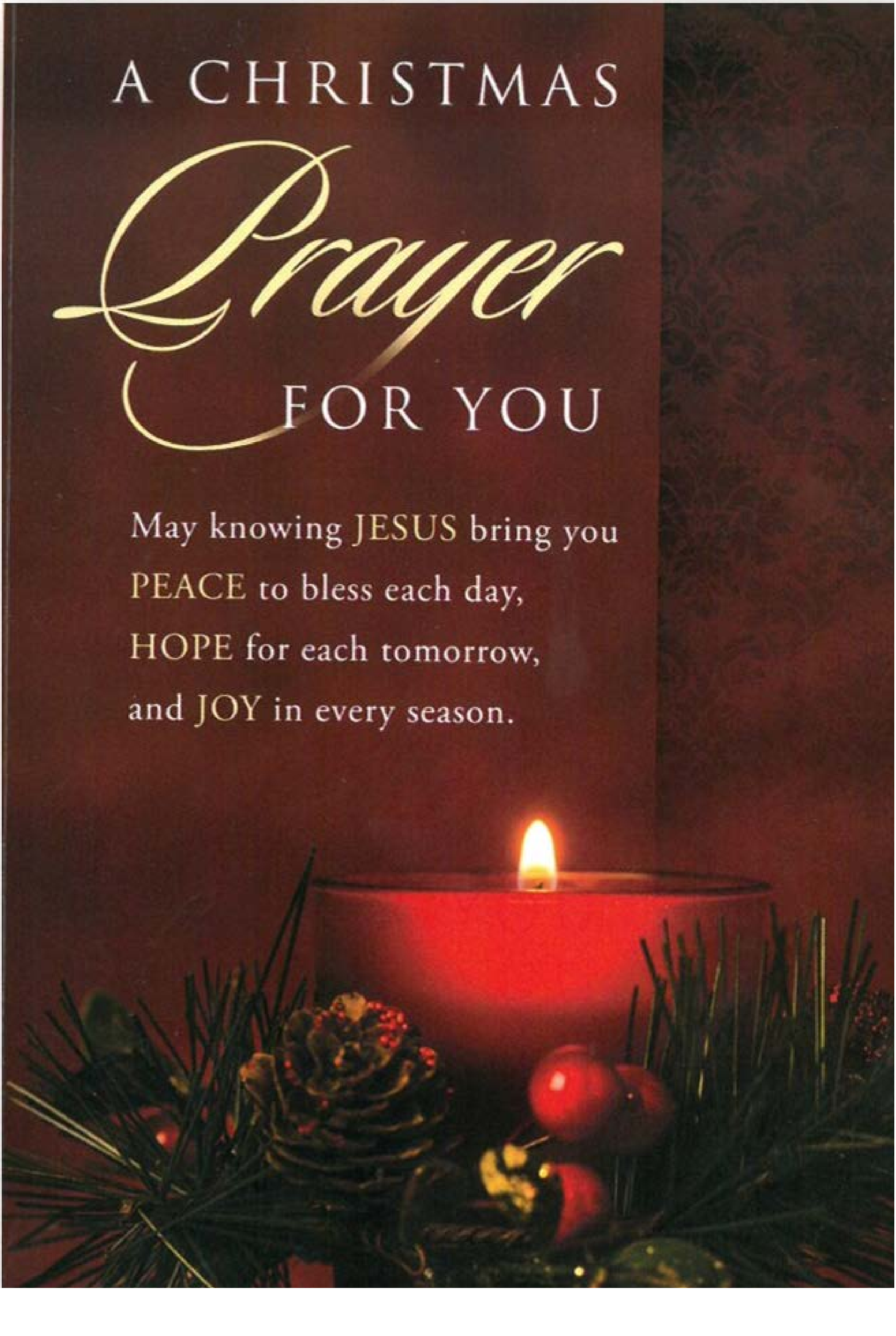




Watermelon Christmas Trees

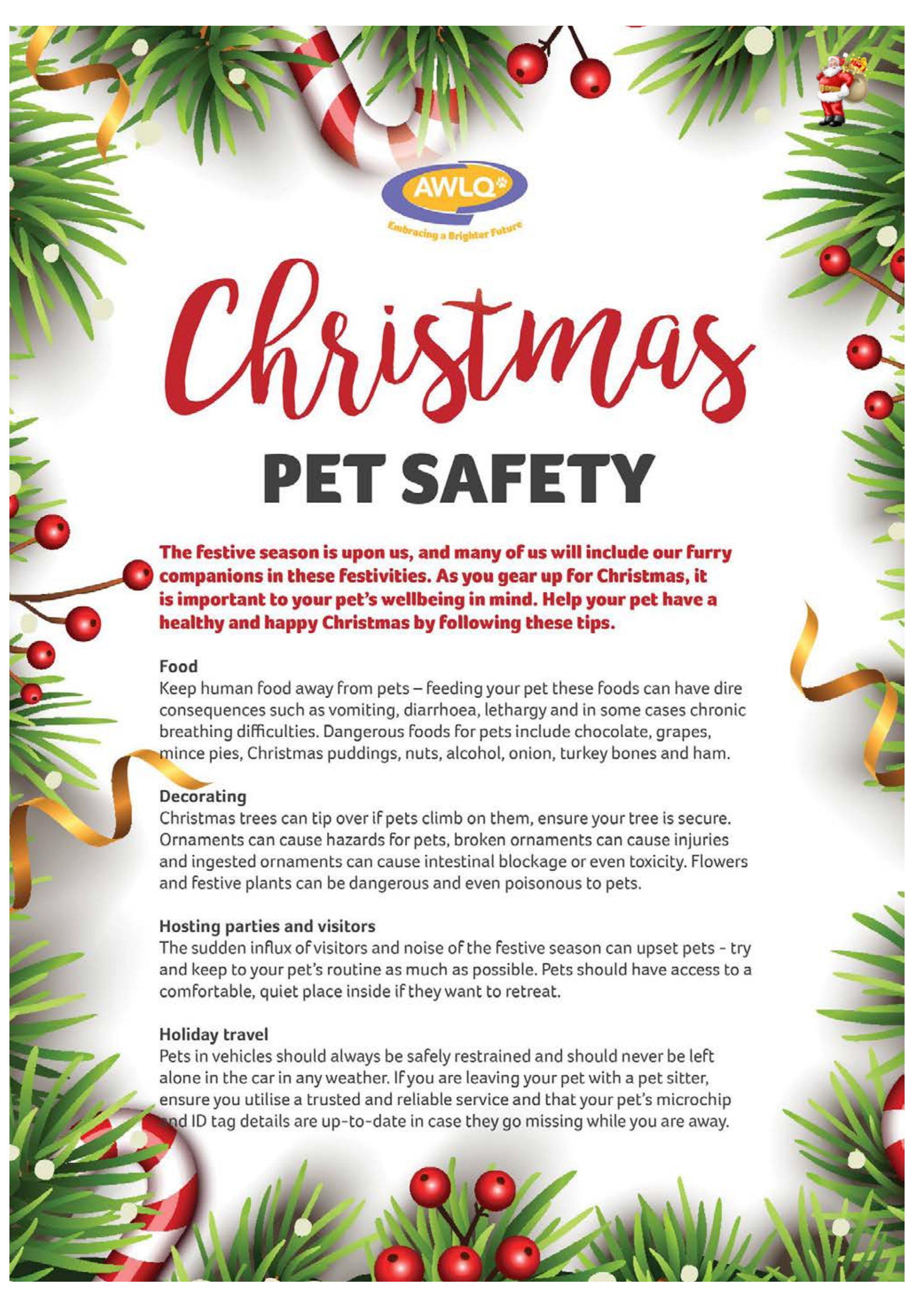
With a little bit of effort and cutting skills, a wedge of watermelon can be transformed into fantastic trees. the simmering water to help keep the yolk from breaking.

THIS MONTH'S PASTORAL PRAYER



A CHRISTMAS
Prayer
FOR YOU

May knowing JESUS bring you
PEACE to bless each day,
HOPE for each tomorrow,
and JOY in every season.



AWLQ
Embracing a Brighter Future

Christmas PET SAFETY

The festive season is upon us, and many of us will include our furry companions in these festivities. As you gear up for Christmas, it is important to your pet's wellbeing in mind. Help your pet have a healthy and happy Christmas by following these tips.

Food
Keep human food away from pets – feeding your pet these foods can have dire consequences such as vomiting, diarrhoea, lethargy and in some cases chronic breathing difficulties. Dangerous foods for pets include chocolate, grapes, mince pies, Christmas puddings, nuts, alcohol, onion, turkey bones and ham.

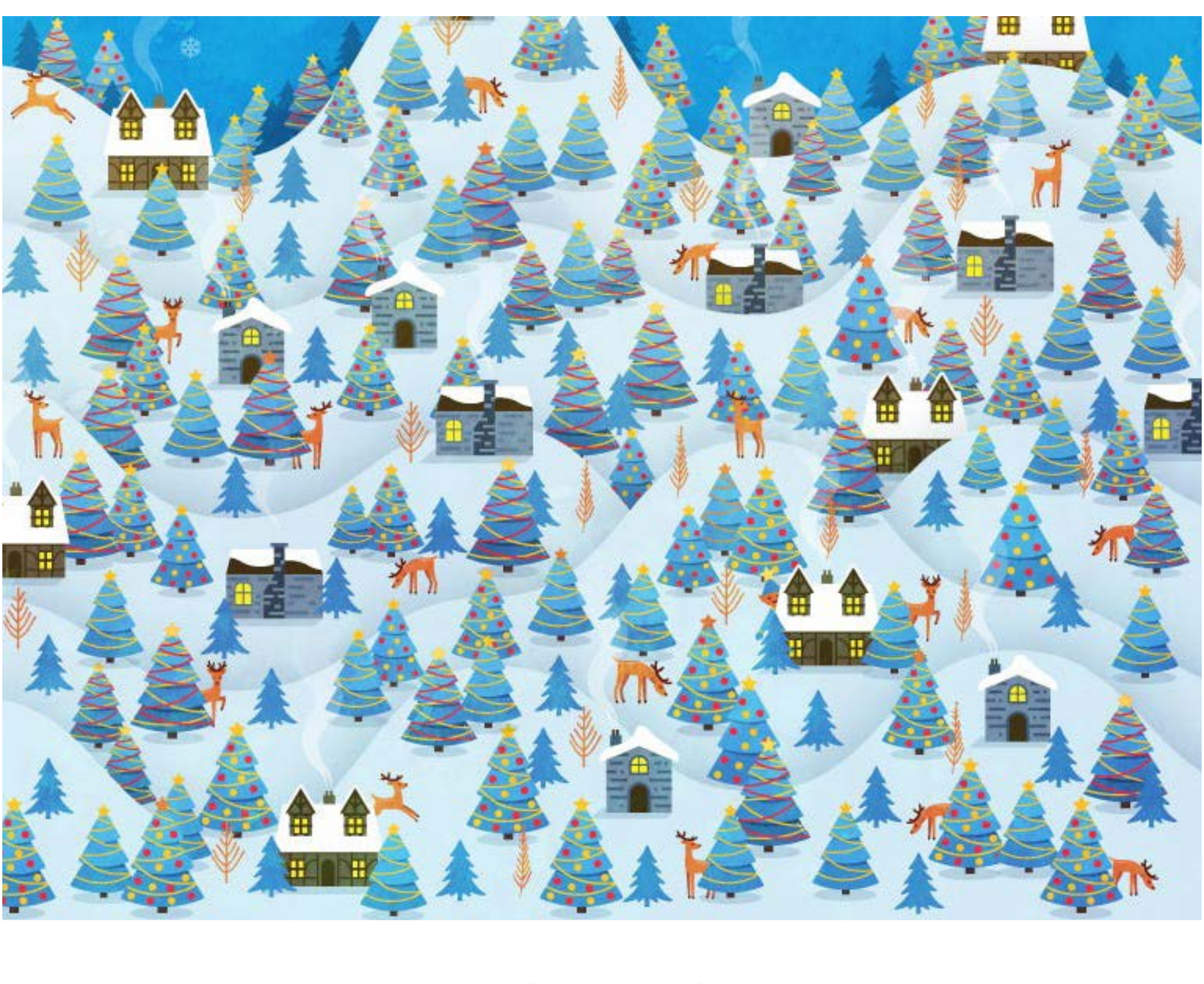
Decorating
Christmas trees can tip over if pets climb on them, ensure your tree is secure. Ornaments can cause hazards for pets, broken ornaments can cause injuries and ingested ornaments can cause intestinal blockage or even toxicity. Flowers and festive plants can be dangerous and even poisonous to pets.

Hosting parties and visitors
The sudden influx of visitors and noise of the festive season can upset pets - try and keep to your pet's routine as much as possible. Pets should have access to a comfortable, quiet place inside if they want to retreat.

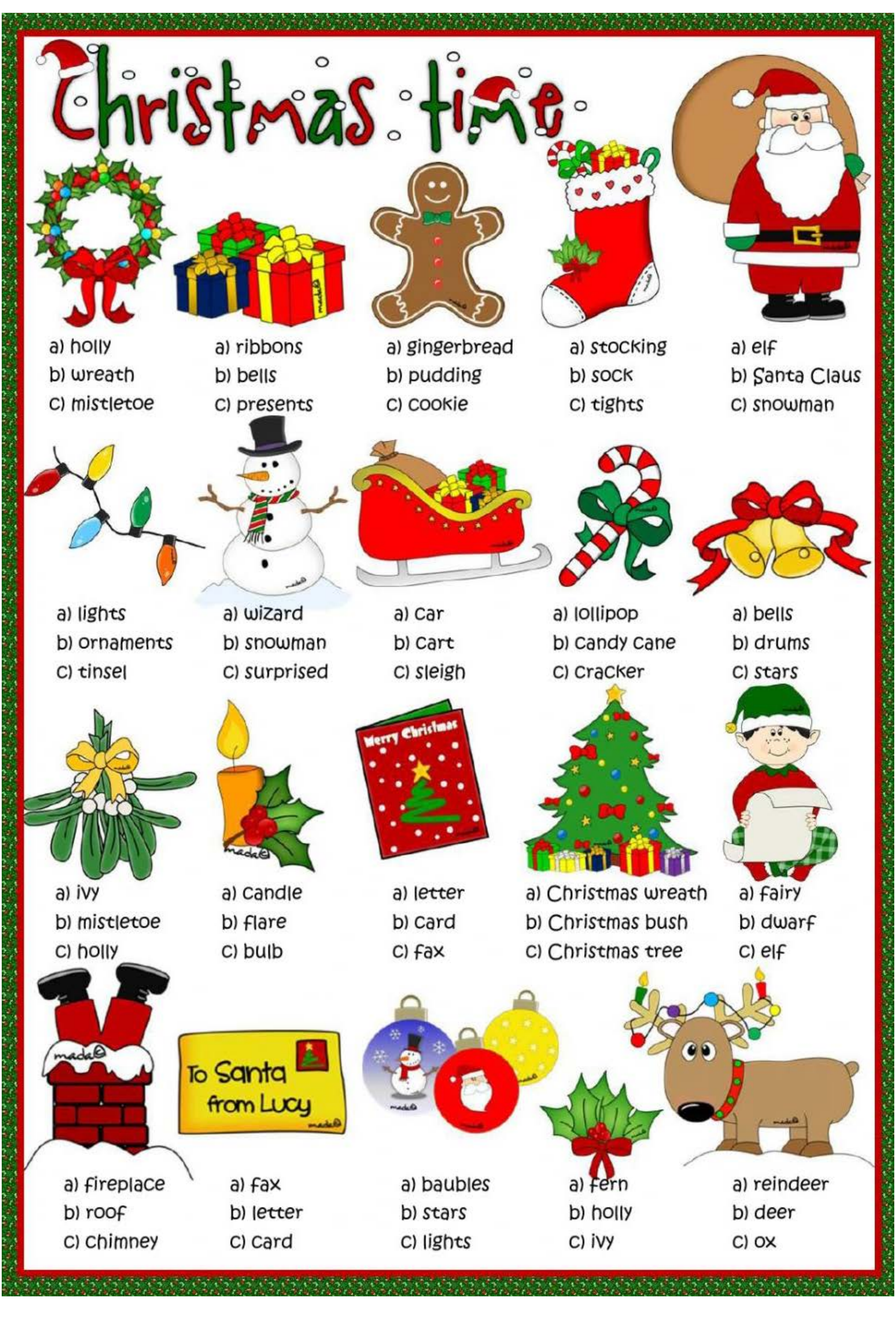
Holiday travel
Pets in vehicles should always be safely restrained and should never be left alone in the car in any weather. If you are leaving your pet with a pet sitter, ensure you utilise a trusted and reliable service and that your pet's microchip and ID tag details are up-to-date in case they go missing while you are away.

TIME TO RELAX

FIND THE ELF IN THIS BRAIN TEASER



MATCH THE WORD TO THE PICTURE



a) holly
b) wreath
c) mistletoe

a) ribbons
b) bells
c) presents

a) gingerbread
b) pudding
c) cookie

a) stocking
b) sock
c) tights

a) elf
b) Santa Claus
c) snowman

a) lights
b) ornaments
c) tinsel

a) wizard
b) snowman
c) surprised

a) car
b) cart
c) sleigh

a) lollipop
b) candy cane
c) cracker

a) bells
b) drums
c) stars

a) ivy
b) mistletoe
c) holly

a) candle
b) flare
c) bulb

a) letter
b) card
c) fax

a) Christmas wreath
b) Christmas bush
c) Christmas tree

a) fairy
b) dwarf
c) elf

a) fireplace
b) roof
c) chimney

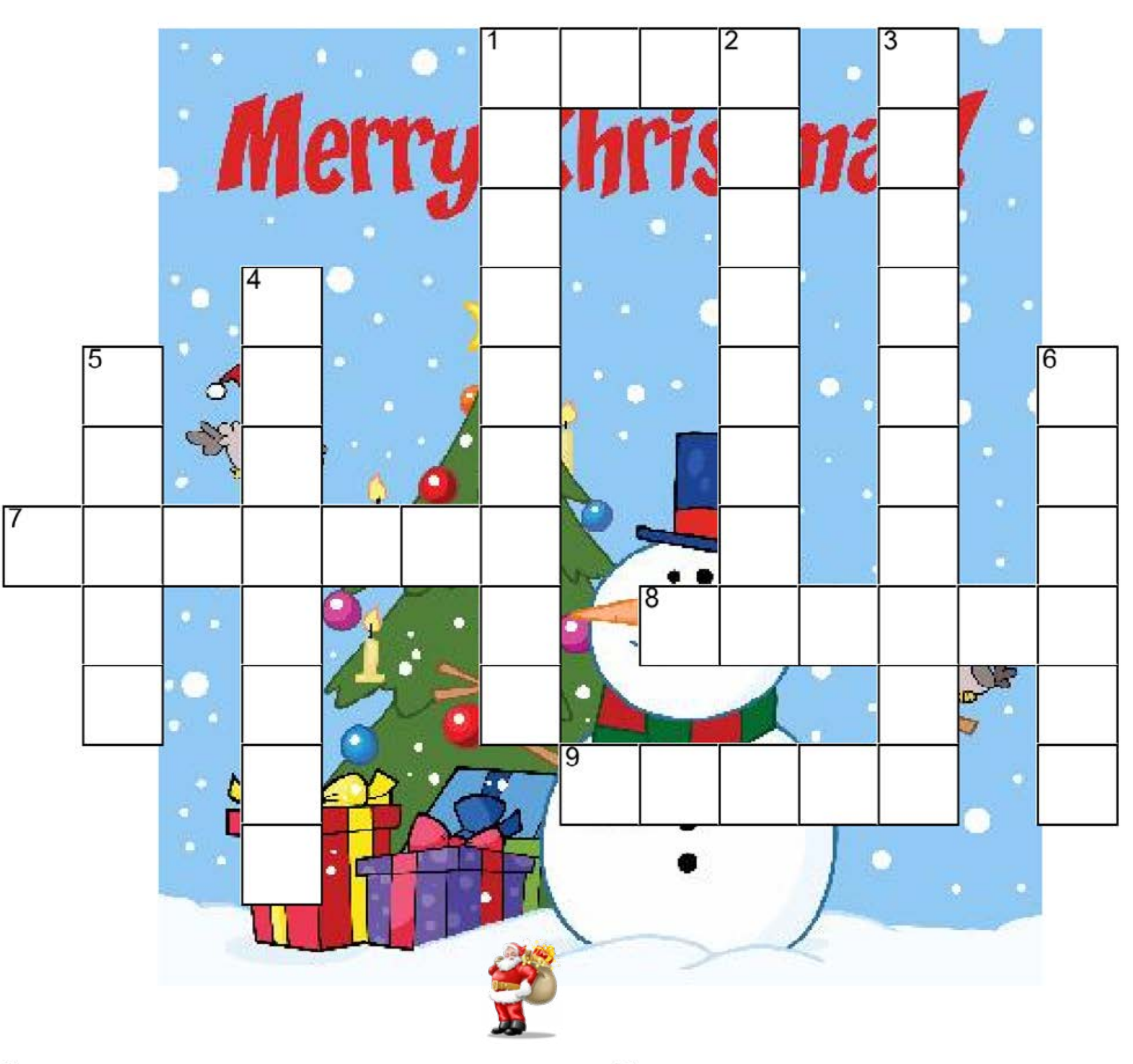
a) fax
b) letter
c) card

a) baubles
b) stars
c) lights

a) fern
b) holly
c) ivy

a) reindeer
b) deer
c) ox

EASY CHRISTMAS CROSSWORD



Across

1. It is usually placed at the top of the Christmas Tree.
7. What is made out of snow and wears a hat and a carrot for a nose?
8. We hang this on a door at Christmas time.
9. We place this on the Christmas tree to decorate it.

Down

1. We hand these by the fireplace.
2. What animal pulls Santa's Sleigh?
3. He wears a red suit and has a white beard.
4. What do you make with snow that is round?
5. Type of cane that we eat at Christmas.
6. We hang these outside and on the Christmas Tree.

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